**Sarah Eve Aesthetics**

**Guide to dermal fillers**

**At the consultation, Sarah Eve will discuss with you: -**

* Any relevant medical history
* Discuss your expectations, assess your suitability for treatment and possible treatment options for you to consider.
* Explain the treatment plan and any risks and complications.

**Dermal Fillers**

* We have a range of injectable filler products for facial lines and areas of dermal depression. Sarah Eve will discuss with you possible fillers to improve your areas of concern**.**

Dermal fillers are used to correct loss of volume, shape, contour and reduce the appearance of fine and/or deep lines. Fillers consist of Hyaluronic acid which is a natural occurring gel produced in the body, which is injected into the treatable area. Fillers consist of a gel, most of which contain a local anesthetic which minimizes discomfort.

**What to expect after Dermal Filler Treatment**

* With fillers (especially lip fillers), swelling should be expected. This often develops over the course of the day and can be most evident the morning after treatment. Swelling on average lasts 2-3 days, although in some cases can last longer. To help reduce swelling, an ice pack can be applied to the area post treatment.
* Treatment is immediate but can take up to 14 days to settle
* Dermal fillers can last anything between 6 -18 months

**General Aftercare Post treatment with Dermal Fillers**

* Avoid touching, massage and rubbing to the treated areas for 4 hours as this may change the placement of the product and cause undesirable effects
* Avoid extreme heat/cold for up to 1 week post treatment
* Abstain from alcohol, heavy exercise for 24 hours
* Stay out of Sunlight/UV radiation (including sunbeds) until redness and swelling has resolved.

**General Complications**

* Stinging/tingling/burning/swelling
* Injection site bleeding/skin redness around treatment area
* Bruising may occur – Arnica cream can be applied to help

**Possible Risks, Complications & Side Effects to Dermal Fillers**

* Hypersensitivity, Allergic response, Anaphylactic reaction (rare but can occur)
* Formation of nodules (lumps) around the treated area
* Eruption of cold sores
* Small/Rare possibility of filler being injected into a blood vessel which could lead to blockage of the blood flow to the area supplied by the blood vessel causing skin soreness, coldness, numbing and discoloration. Please contact the clinic as soon as possible in this instance.

**Please Note**

* Due to the subjective nature of the treatment it is not possible to guarantee results
* Longevity of treatment results may vary between individuals.
* Patients can react differently to the same treatment